

Anti-Bullying Work in a Blended Learning Concept

Using Digitalization for a more School-specific Approach and Mobilizing the Resources of Students

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Managing Director

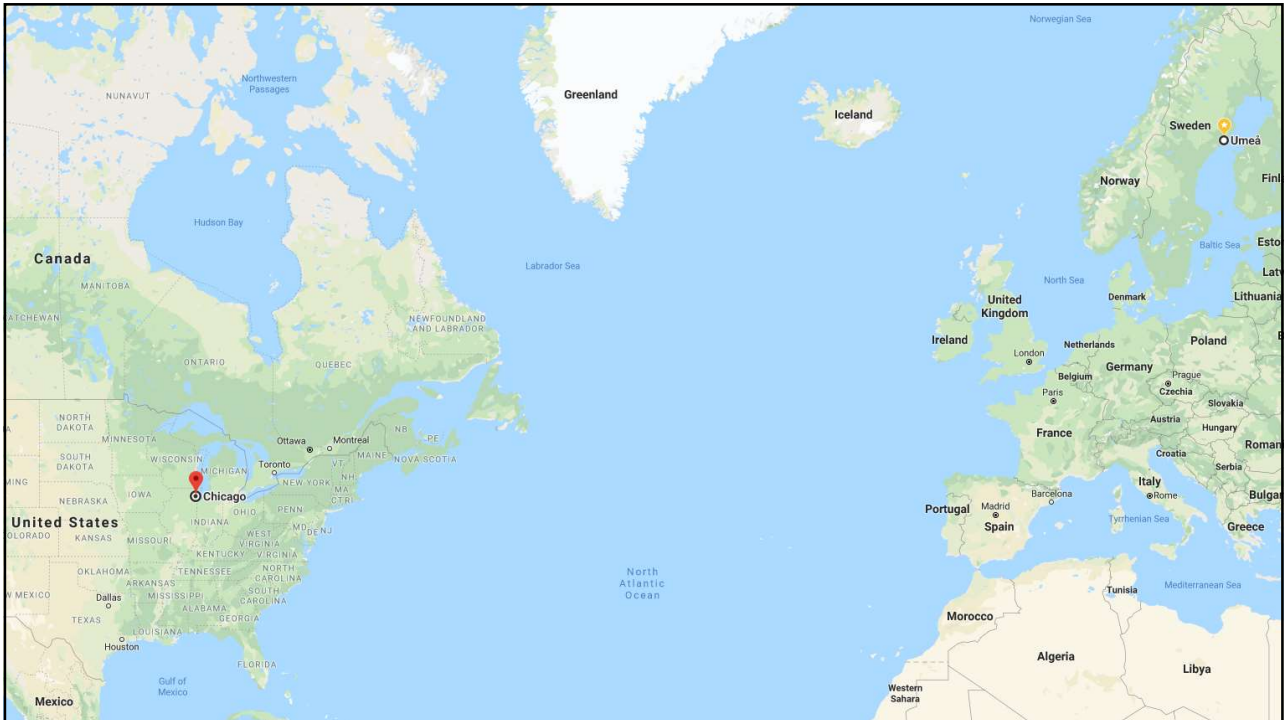




Photo: Tommy Forsgren



What Friends does

Friends' work

Develop knowledge	<ul style="list-style-type: none"> ▪ Research ▪ Method Development ▪ Networks and meeting places
Apply knowledge	<ul style="list-style-type: none"> ▪ Trainings in schools ▪ Counseling & Advice ▪ Organizational development
Spread knowledge	<ul style="list-style-type: none"> ▪ Dissemination of methods and facts ▪ Advocate and raise awareness ▪ Influence policy

Friends' Approach

Current lesson:

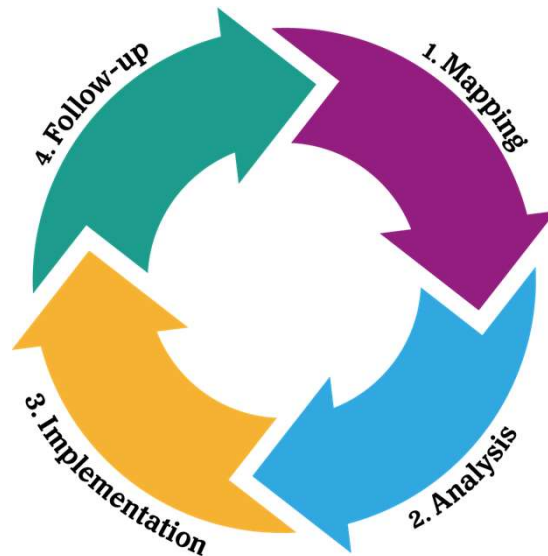
- What works?
- For whom?
- In what context?

In general:

- Eliminating risk factors
- Increasing protective factors

Methods:

- Evidence-based programs (Kiva)
- Customized set-up
- Blended learning



"I got to reflect on my own behavior. It was good that Friends introduced discussion groups where you had to talk and discuss!"

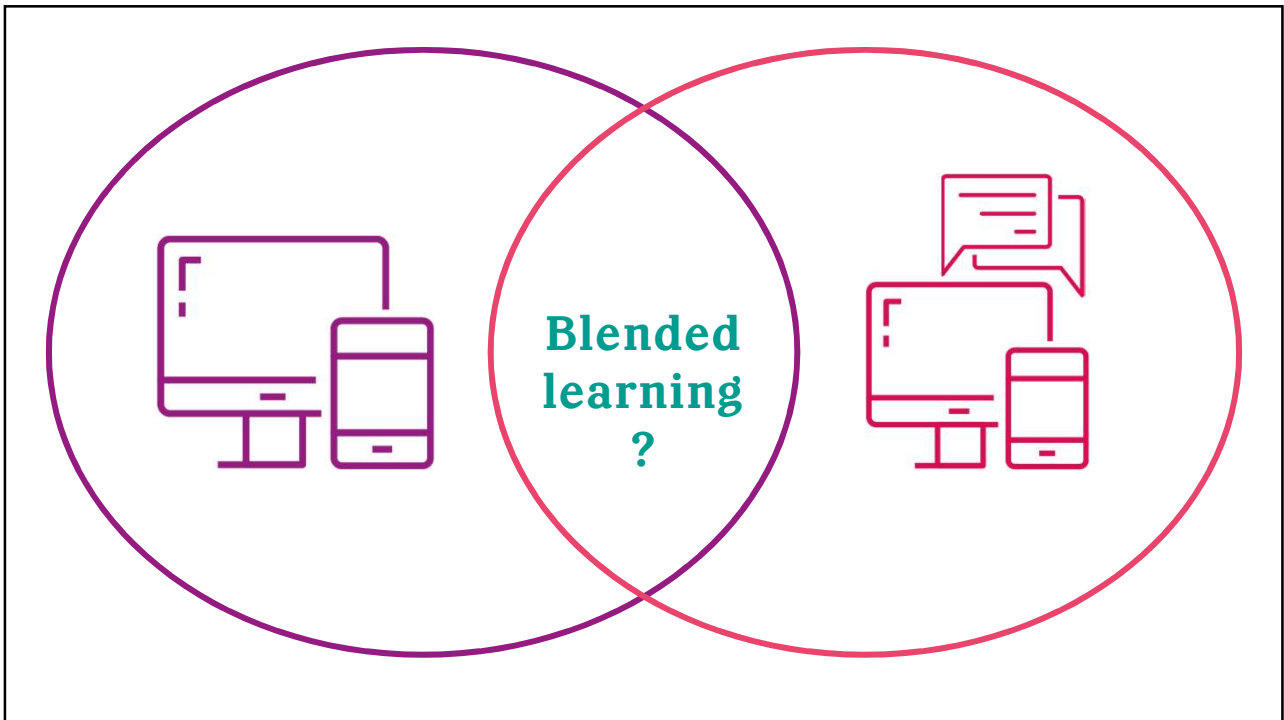
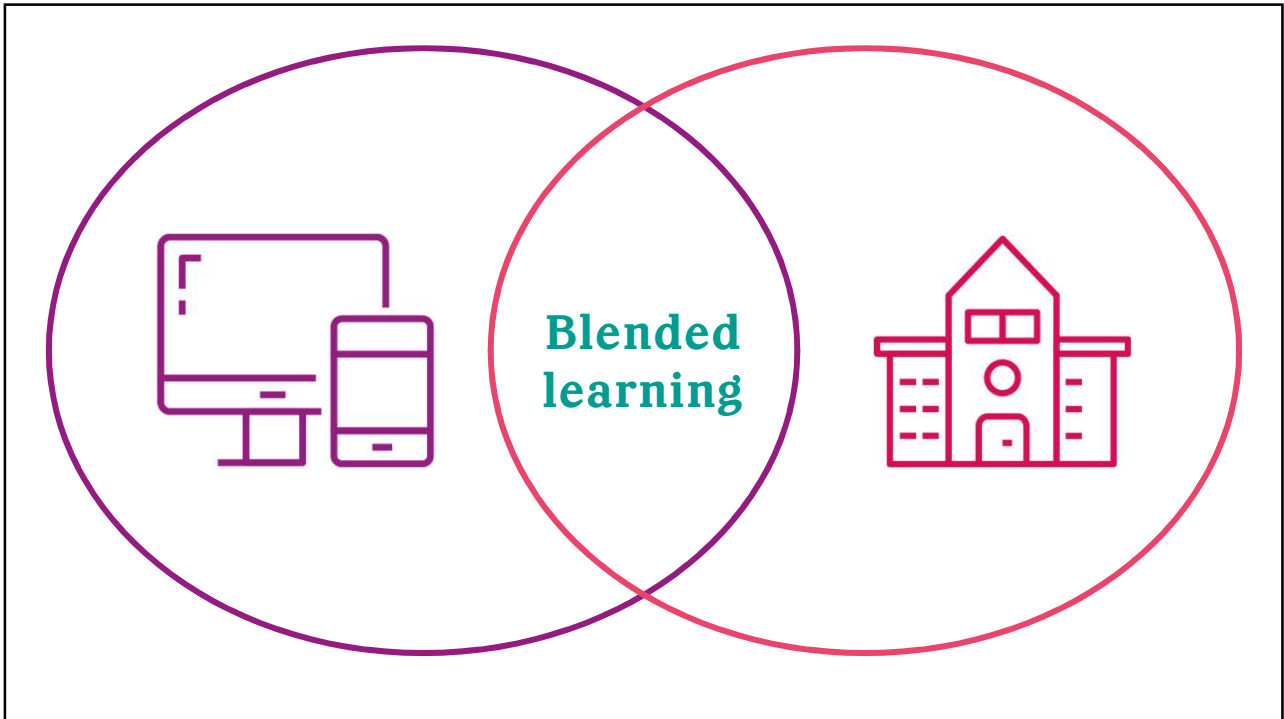
"But I get frustrated that we do not have the time and opportunity for deepened discussions"

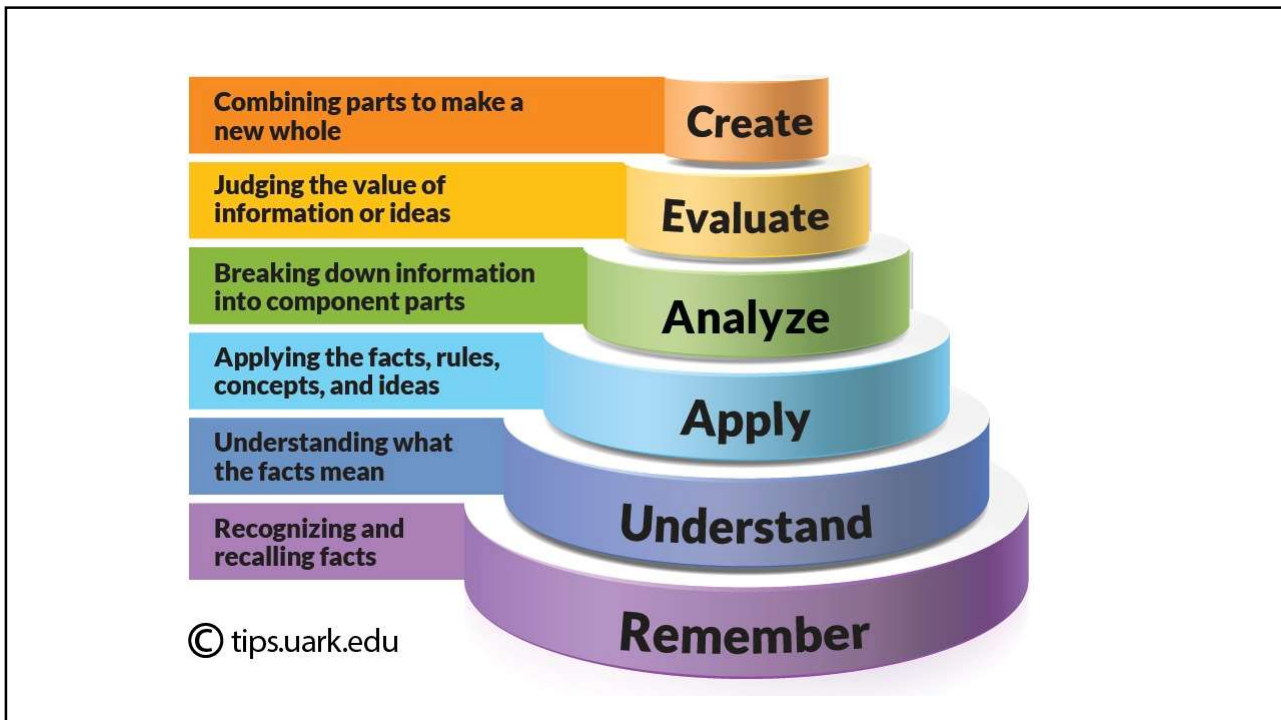
- School teacher



What is Blended Learning?

Blended learning is an approach to education that combines online educational materials with traditional face-to-face classroom methods.





"I think it has been the perfect design for a digital course. Very interesting material /... / which has since been discussed during the meetings. Great that everyone has had the same 'basic knowledge' to start from."

- School counselor, Student Health



“It’s an advantage being able to prepare mentally before the classroom training, in order to have the opportunity to process the content and ask relevant questions in the classroom.”

- Principal



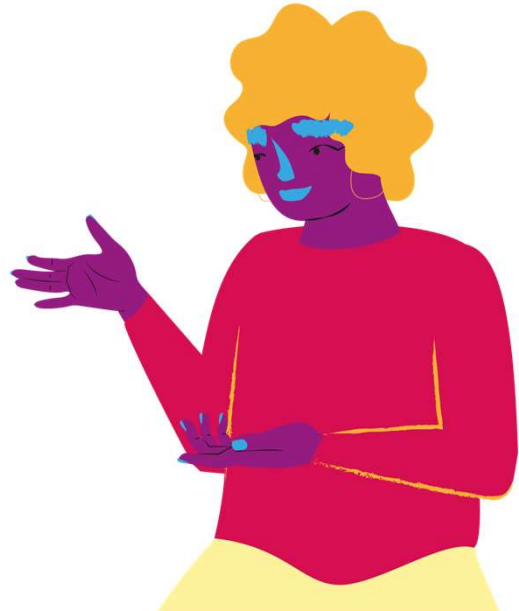
“It was good to be able to first go through the digital materials, then attend the workshop with Friends and afterwards return to the digital materials again if needed.”

- School teacher



“There is a risk that everyone does not go through the digital materials in advance. The principal must allow time to ensure that all teachers take part of the digital materials.”

- Principal



Before

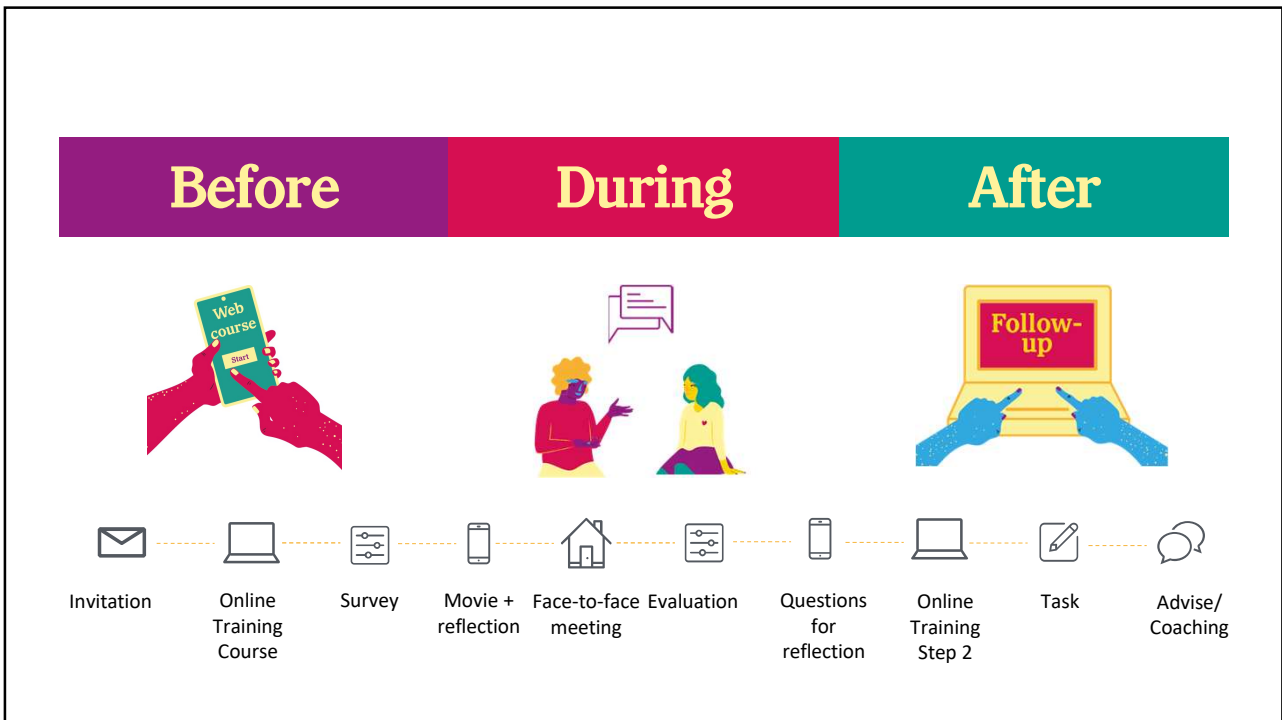


During



After





Mobilizing the Recourses of Students

Who's perspective?



- **Having a child perspective**
Acting for the best of children
- **Taking a child's perspective**
Children's own experiences
- **Student influence**
A tool that reduces the risk of bullying

The Challenge of Bullying Prevention materials in the Classroom

Perceived by students as tedious and constructed and may increase bullying.

Age-appropriate materials: a key to providing knowledge and engaging students in the school's bullying prevention efforts.



Gamification



Use of game-design elements in non-game contexts, both digital and analogue



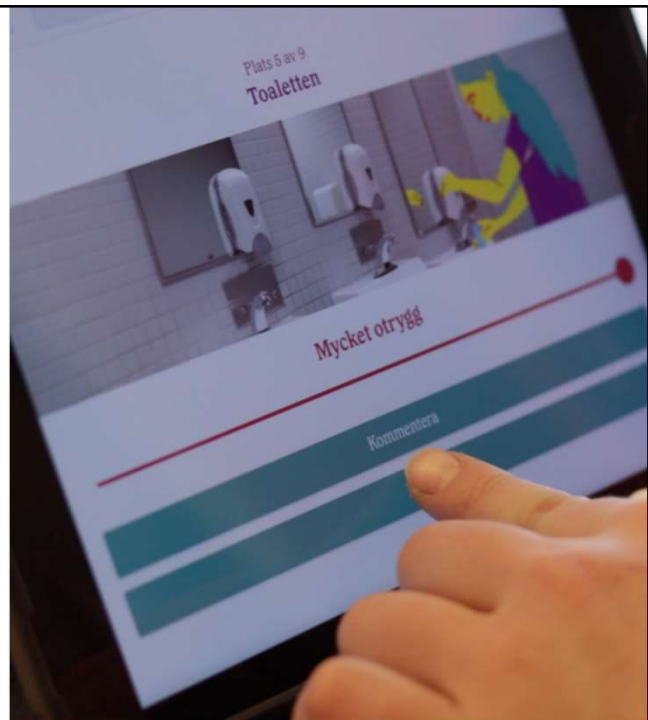
Activities and processes to solve problems by using or applying the characteristics of game elements



Commonly used to improve for example engagement, productivity, flow or learning.

Pilot Project The Class Mission

- *“I thought it was fun to see the different charts and see how everyone chose differently.”*
- *“I especially liked the mission when moving our avatars, because then you can be anonymous and really dare to fill in exactly what you thought.”*



Reflections



Summary

- Time efficient
- Digital materials at learners' own time, path, place and pace – more accessible
- More relevant seminars and workshops based on schools' specific situation and needs
- Discussions starting on a higher, deeper and more relevant level
- Everyone gets the same information
- Follow the schools' process
- Future: monitor and map users' behavior and further improve our work





Organising a safe school

It is possible to stop bullying, but it requires a long-term perspective and focused efforts. To reduce the number of students subjected to bullying, we need to work with promotion and prevention. In this online course we will go through what that involves.

[Start the course Organising a safe school](#)



Always take action

A course about what degrading treatment and bullying is, and how it can and should be managed when it happens at a school.

[Start the course Always take action](#)



Course for parents

Learn how to support a child that feels unsafe at school.

[Start the course](#)

friends.se/en

Free online courses



World Anti-Bullying Forum Stockholm 2021





Thank you!

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