



BULLYING IN SPORTS: THE INJURIES WE DON'T SEE

PROJECT NEXTGEN

RANDY NATHAN, MA, MSW

Our Agenda

- **BULLYING IN SPORTS**
- **LOCKER ROOM CULTURE**
- **WHO IS BULLYING IN SPORTS**
- **FORMS OF BULLYING**

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Timeline



APRIL 1999



SEPTEMBER 2010



NOVEMBER 2016

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AGGRESSIVE

REPETITIVE

The Three Steps

IMBALANCE OF POWER

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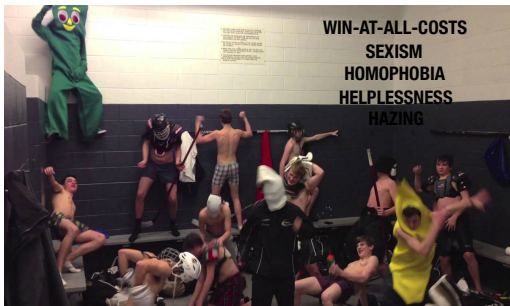


Are players being pushed too hard?

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Locker Rooms

Sacred Space



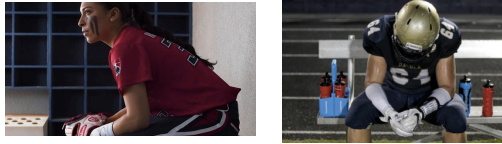
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That's So Gay



Chris Culliver

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What's the message?

HELPLESS

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Right of passage?

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HAZING:
commonpurpose

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**Who's
Bullying In
Sports?**

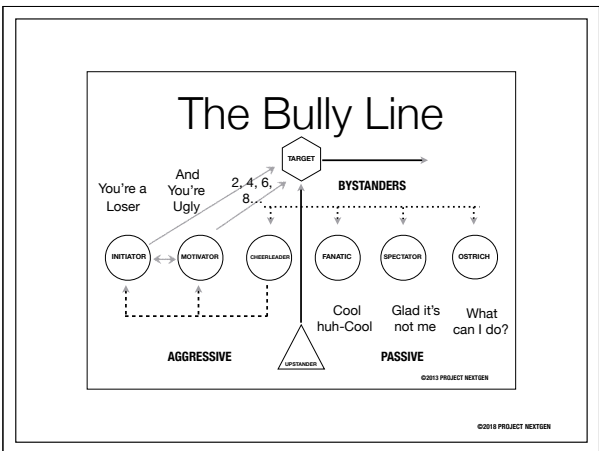
**Bully Player
Bully Coach
Bully Parent
Bully Fan**

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Bully Player

THE TARGETS

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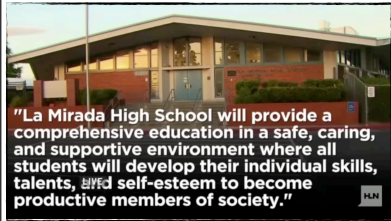
Bully Player Message?

SHAME

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THE TARGETS

Bully Coach



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Bully Coach Message?

OBEDIENCE

What were you thinking?



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THE TARGETS

Bully Parent



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Bully Parent Message?



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Universal Target



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Forms of Bullying in Sports

- Verbal
- Social
- Physical
- Cyber
- Hazing



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Bullying in Sports Grid

	LEVEL 1	LEVEL 2	LEVEL 3
VERBAL	Poking Fun Inappropriate Language Use of Nicknames Placing Blame	Threats of Aggression Making Fun of Others Taunting Name Calling w/Intent	Threats to Harm Threats of Retaliation Verbal Abuse Sexual Harassment
SOCIAL	Locker Room Ganging Up "Talking Trash" Excluding/Isolating	Embarrassing Comments Types of Slurs Coscene Gestures Set up to Look Foolish	Shunning a Player Rumors Through Media
PHYSICAL	Head Butting Towel Snapping Throwing Objects Taking Possessions	Illegal Use of Body Throwing at a Player Striking with Equipment	Deliberately Inflict Pain Holding Against Will Locking in a Room Inappropriate Touching
CYBER	Posts on Facebook Inappropriate Tweets Flaming	Chat Room Gossip Harassing Texts Cyber Stalking	Embarrassing Pictures Creating Website Outing Impersonating
HAZING	Marching in Line Carrying Players Bags Standing Against Wall	Taking Clothes Physical Evaluations Writing on Bodies	Beat Downs Slut Lists Swirleys Holding in Shower

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Be a Game Changer

**What does
it take to
Become an
Upstander**



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**UPSTANDERS!
COMMON SPORTS LANGUAGE**

EFFORT

ATTITUDE

PRIDE

INTEGRITY

RESPECT

DO THE RIGHT THING

SUPPORT YOUR TEAMMATE

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QUESTIONS, ANSWERS & THOUGHTS

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WWW.PROJECTNEXTGEN.COM
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