

What have we learned, so far?

20 Years of
Bullying Prevention

Frida Warg
Friends



**What
Friends
does**

Bullying prevention

4 lessons learned

1. Involving children and youth



Who's perspective?



- **Having a child perspective**
Acting for the best of children
- **Taking a child's perspective**
Children's own experiences
- **Student influence**
A tool that reduces the risk of bullying

2. A shared vision based on children's rights



Never violence

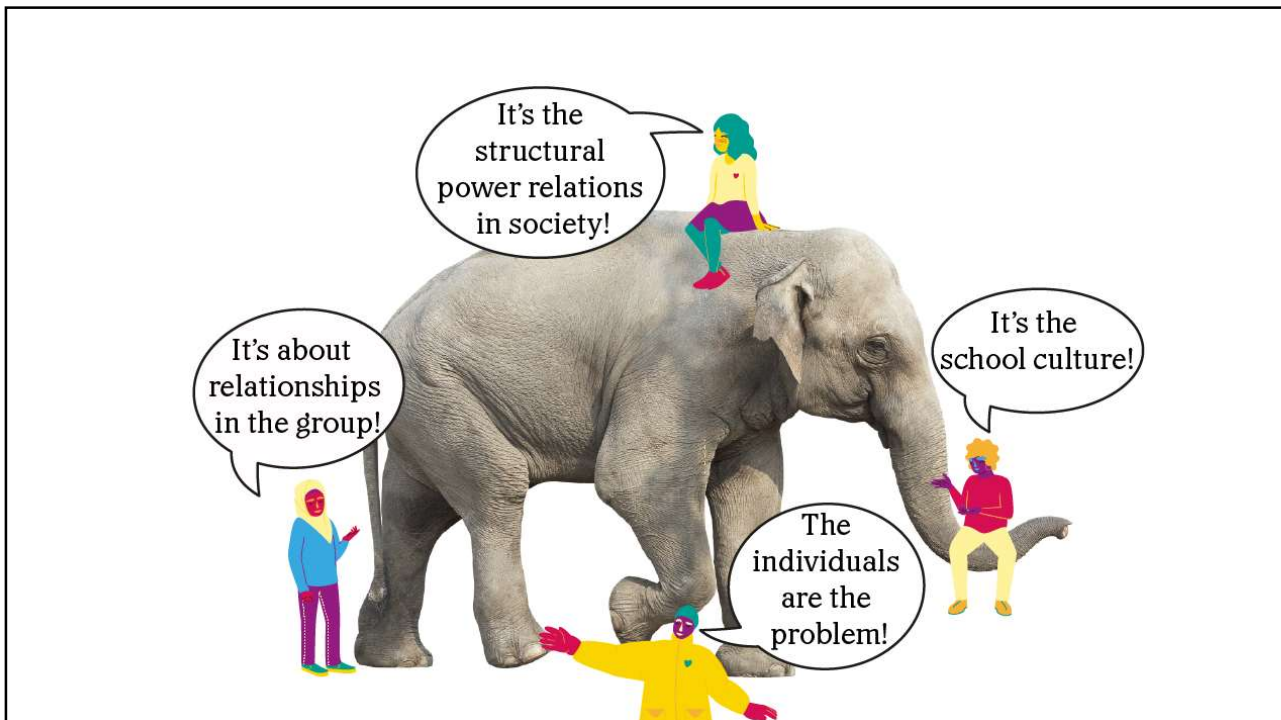


**'Everything great that
ever happened in this
world happened first in
somebody's imagination.'**

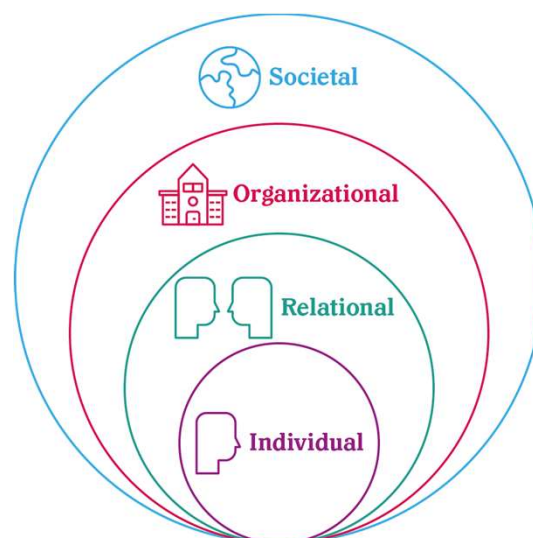
– Astrid Lindgren

3. Multi-level strategies





Social-ecological framework



4. School-specific and research-based approach



Friends' Approach

Current lesson:

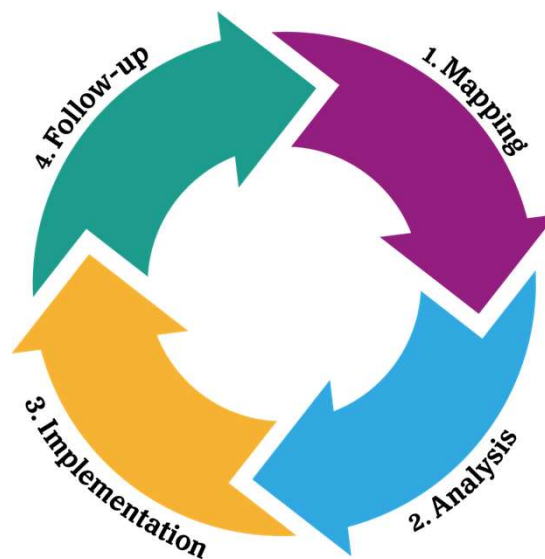
- What works?
- For whom?
- In what context?

In general:

- Eliminating risk factors
- Increasing protective factors

Methods:

- Evidence-based programs (Kiva)
- Customized set-up
- Blended learning



Summary

1. Involving children and youth
2. A shared vision based on children's rights
3. Multi-level prevention strategies
4. A school-specific and research-based approach



friends



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Thank you!

www.friends.se